Problem of the Week Problem C Where Does the Year Go?

The positive integers are written consecutively in rows, with seven integers in each row. That is, the first row contains the integers 1, 2, 3, 4, 5, 6, and 7. The second row contains the integers 8, 9, 10, 11, 12, 13, and 14. The third row contains the integers 15, 16, 17, 18, 19, 20, and 21, and so on.

Determine the row and the column that the integer 2024 is in.

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
:	:	:	:	:	:	: